

WERE YOUR PARENTS TOLD THINGS ABOUT YOU AND YOUR SESSIONS?

Q Were your parents told things about you and your sessions?

A No. Because I was over 16 and I had said that I don't, I didn't want them to know anything, I just went to sessions by myself, they didn't get anything, no letters or anything; if I wanted to tell them things that was different but I wanted to make sure that things were private and that was just about me at that age.

Q OK, so that was your choice?

A Yes.

Q And they respected it?

A Absolutely. They were really good about it, because they realised that I was 17 and I could make that choice. And I guess I was protecting them a little bit because there were things in sessions that I wouldn't want them to know, but yeah, they did respect that and they were really good about it.

Q And when you say "They" that means CAMHS as well as your parents?

A Oh yes, I guess both of them, I was talking about my parents but yes, I guess CAMHS was as well, but I guess legally they had to be really.